



Network News



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QuickPoll

Bruxism

Bruxism is a repetitive jaw-muscle activity characterized by clenching or grinding of the teeth and by bracing or thrusting of the mandible. The prevalence of bruxism is approximately 20% amongst adults, making it a potentially clinically significant phenomenon. The etiology of bruxism is complex and controversial. No therapy to date has been shown to effectively and permanently cure bruxism and most accepted approaches focus mainly on symptom management and prevention of complications. Effective prevention, early detection and treatment of oral problems associated with bruxism require aggressive management by both dentist and patient.

The results of this [5-question](#) poll on bruxism will help determine whether this issue merits further investigation by the Network.

To continue the conversation, go to "Quick Poll Results" in the [Member Forum](#).

Poll closes November 8th!

We would like to thank and acknowledge the Southwest Region Members who helped develop this quick poll at a breakout session during the 2015 Annual Meeting in San Antonio, Texas.



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